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Greetings Patients and Family members. Thank you for choosing Sunrise Pediatric Neurology. Below are a few guidelines and recommendations for the upcoming EEG:

1. Please wash your child's scalp and do not place any haircare products (ex: gels, oils, greases) on the scalp until after the completion of the EEG.
2. Please do not allow your child to consume any sugar within 4-6 hours and no caffeine 24 hours prior to testing. Sugar consist of any sweet beverages or snacks.
- 3.** Please do not allow your child to sleep more than 4 hours, if possible. We want him/her to be sleep deprived to ensure sleep is achieved during testing, **SLEEP IS A VERY IMPORTANT FACTOR FOR THIS TEST.**
4. Please remove any hair extensions prior to visit. Braids moderately spaced are fine, once there is direct access to the scalp.
5. Any child over the age of 4 with asthma, please bring an inhaler to the EEG appointment.
6. Arrive 15 minutes prior to your scheduled EEG time.

These guidelines help to ensure patient readiness for a good quality EEG study. Should you have any questions, please give us a call at 678-606-5700 and we will be happy to answer any and all questions you may have. We look forward to your visit and thank you for choosing Sunrise Neurology for your neurological needs!

Have a Great Day!

Sunrise Pediatric Neurology